



DANCEZING NEWS

APRIL 23RD 2021

DANCEZING NEWS

Happy St. George's Day! What a glorious day it is too . Such beautiful sunshine and blue sky!

Have a fantastic weekend and I look forward to more online dancing on Tuesday!

DANCEZING NEWS BULLETIN

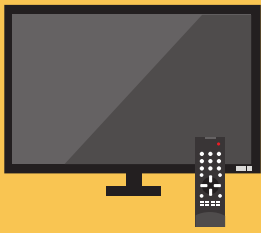
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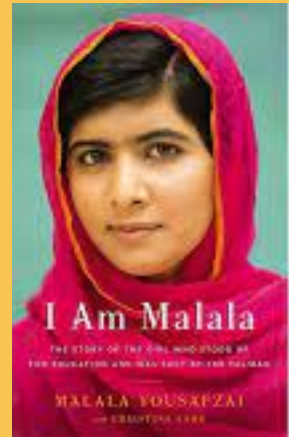
LOCK DOWN PURSUITS



When we first started dancing 'Faithful Soul' - (the most beautiful dance, by the way. Worth learning, if you haven't yet), some of you mentioned that you had been watching the series that the music came from - 'Keeping Faith'. Finally, I found some time to watch it, as I found the previous seasons on BBCiplayer - if you're looking for something to watch, it's worth checking out.



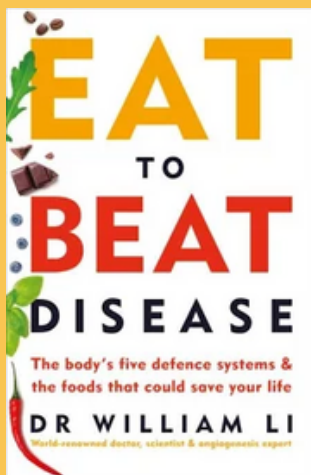
I am pleased to have finally read this book and highly recommend it. It is the true story of a fourteen-year old girl's campaign for women to have the right to access to education. In 2011 Malala was shot by the Taliban while on a school bus.



This film is a must watch, especially if you like something truly inspirational. 'The Boy Who Harnessed the Wind' can be found on BBC iplayer. I loved this film which is based on a true story of a young boy in Malawi.



I am currently reading 'Eat to Beat Disease' by Dr William Li and finding it very interesting. It explains how foods affect your immune system and which foods will help to make you more resilient against disease and the hidden health benefits of different foods. You can help to support your body's efforts to protect your health and help you to keep young. We know that dancing benefits our health too, so hopefully we will be on the dance floor for many more years to come!



ONLINE DANCING - GREAT TO BE BACK!

That wonderful feeling when you get back to dancing after a break



Gosh, it felt good to be dancing again after a break of a few weeks! Thank you so much to those of you who joined me in my kitchen :) I will be there again on Tuesday, continuing with your dance requests. You can find the lists below:

INTERMEDIATE (9.30 AM)

- 50 Ways
- My Mary
- Texas Time
- Desert Wind
- Not Gonna Be
- Caribbean Pearl
- Wintergreen
- Sunrise
- Vanotek Cha
- Never Growing Up

IMPROVER (10.30 AM)

- Life Changes
- Miller Magic
- La Fiesta Cubana
- Missing
- Crystal Touch
- Keep Young
- Tell the World
- Elliot's Dream
- Lonely Drum
- Bosa Nova

BEGINNER + (11.30AM)

- Emergency
- Little Red Book
- Dance Monkey
- Cooler Than Me
- My Pretty Belinda
- Waltz Across Texas
- Skinny Genes
- Ruby Ruby
- Until the Dawn
- Coastin'

Dance



TUTORIAL DANCE VIDEOS - BEGINNER



Click on the dance title to view the tutorial video

BEGINNER LEVEL

[Do You Remember](#)

[Ruby Ruby](#)

[Maverick Shuffle](#)

[Honey I'm Good](#)

[Lipstick, Powder & Paint](#)

[The Lemon Tree](#)

[Until the Dawn](#)

[MD Honky Tonk](#)

[Bonaparte's Retreat](#)

[Coastin'](#)

[Little Rhumba](#)

[Simply Mambo](#)

[Stand Up & Boogie](#)

[Precious Time](#)

[Gently Does It](#)

[Feel the Way I Do](#)

[Dance Monkey](#)

[South Sea Shuffle](#)

[Primer Beso](#)

[Cowboy Charleston](#)

[Jo 'n' Jo Tango](#)

[Cha Cha Espana](#)

[Begin to Swing](#)

[Special Delivery](#)

[Nothing Compares](#)

[Under the Sun](#)

[Champagne Promise](#)

[My Pretty Belinda](#)

[Rocket to the Sun](#)

[Bye Bye Mambo](#)

[Love You Cha](#)

[Piano Man](#)

[Waltz Across Texas](#) - ELD 19/11/20

[Yes I Do!](#) - ELD 24/11/20

[Emergency](#) - ELD 26/11/20

[Tush Push](#) - ELD 11/12/20

[When You Smile](#) - ELD 16/2/21

[Click here to access a practice video with 10 beginner dances](#)

TUTORIAL DANCE VIDEOS - IMPROVER

[Gone West](#)

[Crystal Touch](#)

[Keep Young](#)

[La Fiesta Cubana](#)

[What A Man Gotta Do](#)

[Mack the Knife](#)

[Senorita La-La-La](#)

[Bumblebee](#)

[Guetta's Party](#)

[Stitch It Up](#)

[Pot of Gold](#)

[Elliot's Dream](#)

[Quando When Quando](#)

[Playboys](#)

[Black Coffee](#)

[Sunrise](#)

[Lonely Drum](#)

[Late Night Call](#) - ELD 19/11/20

[Cecilia](#) - ELD 24/11/20

[Half Past Nothin'](#) - ELD 1/12/20

[Jamaican Love](#) - ELD 8/12/20

[Modern Romance](#) - ELD 12/1/21

[Click here to access a practice video with 9 improver level dances](#)

TUTORIAL DANCE VIDEOS - INTERMEDIATE

[Chill Factor](#)

[Faithful Soul](#)

[Clap Happy](#)

[Vanotek Cha](#)

[Caribbean Pearl](#)

[Tough Love](#)

[Shakatak](#)

[SXE](#)

[Nancy Mulligan](#)

[Liquid Lunch](#)

[Moves](#)

[Drip Droppin'](#)

[Graffiti](#)

[Rolling Stone](#)

[Wintergreen](#)

[Moves](#)

[Dedication To My Ex](#)

[Wow Tokyo](#) - ELD 1/12/20

[Click here to access a practice video with 9 intermediate level dances](#)

BRAIN TEASER

HOW MANY SONGS CAN YOU SEE IN THIS PICTURE?

Apparently there are 60! Let me know how many you find.

