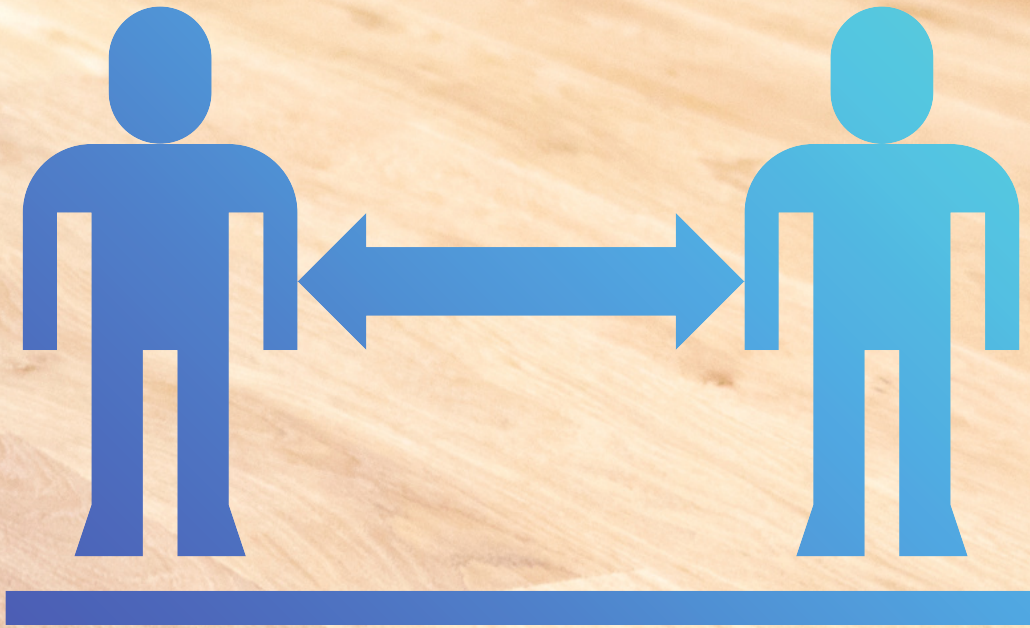




# DANCEZING NEWS

OCTOBER 2ND 2020



## DANCEZING NEWS

Our real live classes have been very popular and it has been great to dance on a proper dance floor with Dancezing friends.

Our virtual live sessions have also continued with dancers joining me from my kitchen every Monday and Thursday at 3pm.

The quiz has been put 'on hold' for the time being as I haven't got enough time to run it currently, however, watch this space...

## DANCEZING WEEKLY BULLETIN

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## DANCEZING TIMETABLE

<b>Monday</b>	<b>On-line</b>	<b>3 - 5pm</b>	<b>All levels</b>
<b>Tuesday</b>	<b>Warlingham Church Hall</b>	<b>9.30 - 10.30am</b>	<b>Improver / Intermediate</b>
		<b>10.40 - 11.40am</b>	<b>Improver / Intermediate</b>
		<b>11.50am - 12.50pm</b>	<b>Beginner +</b>
<b>Thursday</b>	<b>Caterham Community Centre</b>	<b>9.30 - 10.30am</b>	<b>Beginner +</b>
		<b>10.40 - 11.40am</b>	<b>Beginner +</b>
		<b>11.50am - 12.50pm</b>	<b>Beginner + / Improver</b>
<b>Thursday</b>	<b>On-line</b>	<b>3 - 5pm</b>	<b>All levels</b>
<b>Friday</b>	<b>Kenley Memorial Hall</b>	<b>6.45 - 7.45pm</b>	<b>Intermediate</b>
		<b>8 - 9pm</b>	<b>Intermediate</b>

**All real live classes have to be pre-booked and pre-paid.  
Virtual live classes require a log in & password**

# BOOKING CLASSES

Spaces in October classes have now been allocated. If you have to cancel your slot, please let me know as soon as possible as there are waiting lists & I may be able to offer the space to someone else.

As soon as you have requested a space and you have received confirmation, a non refundable payment is due.

Advance block payments can be made for either 5 or 10 classes. As soon as your space is confirmed, your payment balance will be adjusted accordingly.

Towards the end of October I will open up bookings for November classes.

☆☆☆  
10 classes

☆☆☆  
5 classes



All of our classes are Covid-19 secure.

Each person is allocated their own socially distanced space to dance in.

All chairs and touch points are cleaned between sessions.

The halls are well ventilated.

# GUIDELINES

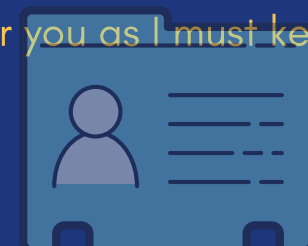
In order to be able to enjoy real live classes it is important that we follow government guidelines. Please note the following:



- Do not come to class if you are unwell or if you have, or anyone you have had contact with has, symptoms of COVID-19
- Wear a mask while entering and exiting the building and at all times except when dancing.
- Follow social distancing guidelines at all times, including upon entry and exit of the building
- Familiarise yourself with and follow the one way system for entry and exit at our venues
- Wash / sanitise your hands upon entry and exit of the hall. Hand sanitiser is available.
- Bring your own drink & remember to take your bottle home with you. There will be no access to the kitchen



- Chairs and dance spaces will be spaced according to social distancing guidelines. Please stand in the space opposite your chair, between the dots.
- Current Government advice is that there is no need to wear a face covering if you are undertaking exercise or an activity & it would negatively impact your ability to do so, therefore you may remove your mask while dancing.
- No singing or shouting
- The hall will be well ventilated so remember to wear layers.
- If you have the NHS Covid-19 app on your phone please scan the hall's QR code which you will find on a poster in the entry hall.
- Ensure that I have up to date contact details for you as I must keep these details for track and trace purposes.



Although it is important that we follow guidelines to ensure our safety, this will not spoil our enjoyment of our dancing.

## LIVE CLASSES

Currently there are more dancers wanting to attend classes than we have spaces for. I will be adding some more classes in January, however, in the meantime I will try to ensure that everyone gets the same number of dance sessions.

Some classes are more popular than others, so you may want to consider trying an alternative venue or time. It is possible that you won't be able to dance every week and sometimes you may be offered an alternative class and the option to go on the waiting list.



Sorry!



## LINE DANCE - VIRTUAL LIVE SESSIONS

Our virtual live sessions will continue for as long as there is demand for them, so please don't worry if you're not ready to get back to a real dance floor just yet.

Don't forget that there are plenty of dance tutorials too.



## TUTORIAL DANCE VIDEOS - BEGINNER

*Click on the dance title to view the tutorial video*

### BEGINNER LEVEL

[Do You Remember](#)

[Ruby Ruby](#)

[Maverick Shuffle](#)

[Honey I'm Good](#)

[Lipstick, Powder & Paint](#)

[The Lemon Tree](#)

[Until the Dawn](#)

[MD Honky Tonk](#)

[Bonaparte's Retreat](#)

[Coastin'](#)

[Little Rhumba](#)

[Simply Mambo](#)

[Stand Up & Boogie](#)

[Precious Time](#)

[Gently Does It](#)

[Feel the Way I Do](#)

[Dance Monkey](#)

[South Sea Shuffle](#)

[Primer Beso](#)

[Cowboy Charleston](#)

[Jo 'n' Jo Tango](#)

[Cha Cha Espana](#)

[Begin to Swing](#)

[Special Delivery](#)

[Nothing Compares](#)

[Under the Sun](#)

[Champagne Promise](#)

[My Pretty Belinda](#)

[Rocket to the Sun](#)



[Click here to access a practice video with 10 beginner dances](#)

## TUTORIAL DANCE VIDEOS - IMPROVER

*Click on the dance title to view the video*

[Gone West](#)

[Crystal Touch](#)

[Keep Young](#)

[La Fiesta Cubana](#)

[What A Man Gotta Do](#)

[Mack the Knife](#)

[Senorita La-La-La](#)

[Guetta's Party](#)

[Stitch It Up](#)

[Pot of Gold](#)

[Elliot's Dream](#)

[Quando When Quando](#)

[Playboys](#)

[Black Coffee](#)

[Sunrise](#)

[Click here to access a practice video with 9 improver level dances](#)

## TUTORIAL DANCE VIDEOS - INTERMEDIATE

[Chill Factor](#)

[Faithful Soul](#)

[Clap Happy](#)

[Vanotek Cha](#)

[Caribbean Pearl](#)

[Tough Love](#)

[Shakatak](#)

[SXE](#)

[Nancy Mulligan](#)

[Liquid Lunch](#)

[Moves](#)



[Click here to access a practice video with 9 intermediate level dances](#)

## BRAIN TEASERS - LIVING WORLD



1. Tsunami is another name for what type of wave?
2. Where would a melanoma appear?
3. What sort of creature is a fluke?
4. Which part of the body might suffer from labyrinthitis?
5. What sort of creature is an abalone?
6. Where is a bird's patella?
7. Which part of the body does scabies affect?
8. Which digestive organ lies below the thorax in invertebrates?
9. Where is a human's scapula?
10. If a person has myopia what problem does he or she have?
11. How many pairs of ribs does a human have?
12. Which monarch was portrayed in the film The Last King of Scotland?
13. Which skin disorder is caused by inflammation of the sebaceous glands?
14. A BCG is a vaccination against which disease?
15. Where is the pituitary gland?
16. Which tendon pins the calf muscle to the heel bone?
17. Hepatic refers to which organ of the body?
18. What colour head does a male mallard usually have?
19. The adrenal gland is above which organ?
20. The pilchard is a member of which fish family?



# BRAIN TEASERS - ANSWERS

1. Tidal wave

2. On the skin

3. Worm

4. Ear

5. Marine snail

6. Knee

7. Skin

8. Abdomen

9. Shoulder blade

10. Short sighted

11. 12

12. Idi Amin

13. Acne

14. Tuberculosis

15. Base of the brain

16. Achilles tendon

17. Liver

18. Green

19. Kidney

20. Herring

