



DANCEZING NEWS

AUGUST 7TH 2020



DANCEZING NEWS

This front cover photo was taken on a recent dog walk. The thistles have given such a great splash of colour in the fields. Apparently, every single species of thistle is edible! Plants that have spines to protect them from predators have no need to be bitter! Despite this information, I haven't been tempted to try them! Personally, I am waiting for the blackberries to ripen - there seems to be an abundance of them this year.

DANCEZING WEEKLY BULLETIN

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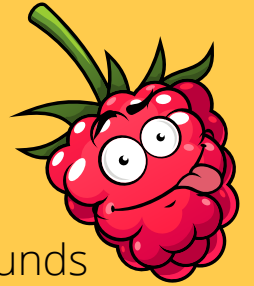
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WINEBERRY ANYONE?

Would you like a Wineberry? by Heather Bailey

Some of you may know that I enjoy growing, eating and making jam with soft fruit - raspberries, tayberries, strawberries and blackcurrants which I grow in my garden.



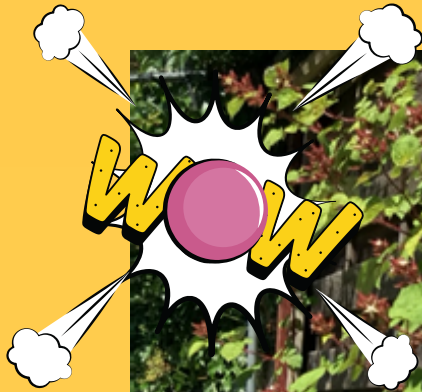
A few years ago I read a description in the R.H.S. magazine for a fruit I had never heard of, called a Wineberry. Sounds tempting doesn't it, and the flavor was described as "like a raspberry on steroids" – wow, yes I would like one of those!

So I ordered one from the plant shop at Wisley, collected it, planted it, fed it, watered it, supported it, and the following year was rewarded by a handful of quite small fruits.

Well, it was its first year. Give it a couple more years and the plant will grow bigger and hopefully the fruits will also increase in size.



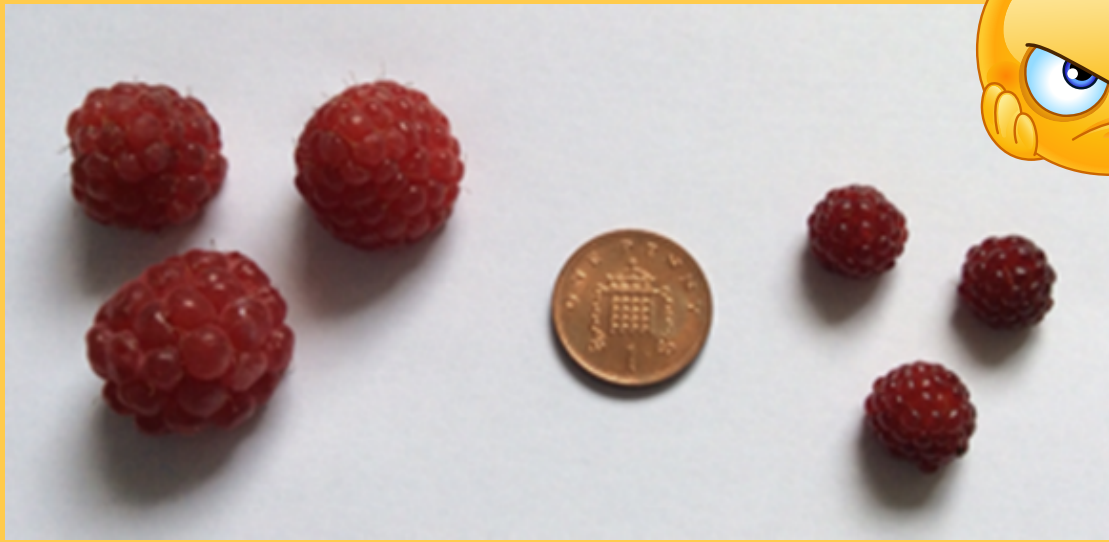
Three years later the plant has certainly got bigger, the canes are now 10-12 feet long



WINEBERRY ANYONE?

Would you like a Wineberry? (by Heather Bailey)

But what about the fruits? No, the fruits have remained quite small, here are some on the right of the photo with my raspberries on the left for comparison – so you need to pick a lot of them to get enough for a decent helping.



And the flavour? Sadly I have been most disappointed. I would say they have less flavour, and they definitely have a higher proportion of pips to flesh than my raspberries. The other downside? They have VICIOUS thorns, not only on the stems but also on the underside of the leaves, which snare you as you try to pick them!



Would anyone like a free Wineberry plant when I dig it up later this year?

I think I'll stick with raspberries, thank you!

TUTORIAL DANCE VIDEOS - BEGINNER

Click on the dance title to view the tutorial video

BEGINNER LEVEL

[Do You Remember](#)

[Ruby Ruby](#)

[Maverick Shuffle](#)

[Honey I'm Good](#)

[Lipstick, Powder & Paint](#)

[The Lemon Tree](#)

[Until the Dawn](#)

[MD Honky Tonk](#)

[Bonaparte's Retreat](#)

[Coastin'](#)

[Little Rhumba](#)

[Simply Mambo](#)

[Stand Up & Boogie](#)

[Precious Time](#)

[Gently Does It](#)

[Feel the Way I Do](#)

[Dance Monkey](#)

[South Sea Shuffle](#)

[Primer Beso](#)

[Cowboy Charleston](#)

[Jo 'n' Jo Tango](#)

[Cha Cha Espana](#)

[Begin to Swing](#)

[Special Delivery](#)

[Nothing Compares](#)

[Under the Sun](#)

[Champagne Promise](#)

[My Pretty Belinda](#)

[Rocket to the Sun](#)



[Click here to access a practice video with 10 beginner dances](#)

TUTORIAL DANCE VIDEOS - IMPROVER

Click on the dance title to view the video

[Gone West](#)

[Crystal Touch](#)

[Keep Young](#)

[La Fiesta Cubana](#)

[What A Man Gotta Do](#)

[Mack the Knife](#)

[Senorita La-La-La](#)

[Guetta's Party](#)

[Stitch It Up](#)

[Pot of Gold](#)

[Elliot's Dream](#)

[Quando When Quando](#)

[Playboys](#)

[Black Coffee](#)

[Sunrise](#)



[Click here to access a practice video with 9 improver level dances](#)

TUTORIAL DANCE VIDEOS - INTERMEDIATE

[Chill Factor](#)

[Faithful Soul](#)

[Clap Happy](#)

[Vanotek Cha](#)

[Caribbean Pearl](#)

[Tough Love](#)

[Shakatak](#)

[SXE](#)

[Nancy Mulligan](#)

[Liquid Lunch](#)

[Moves](#)



[Click here to access a practice video with 9 intermediate level dances](#)

SALSA SOLO

This weeks we learnt two new steps – Box and Pulsating Suzy Q and danced a routine without any basic steps!



SALSA SOLO STEPS LEARNT TO DATE

- Forward & Back Basic
- Forward only basic
- Back only basic
- Cross basic
- Cumbia
- Cucaracha
- Turning Basic
- Back only turning basic



Salsa is an excellent workout!

- Chord Beats
- Front Side Together
- Piano
- Double Tap Crossover
- Front Toe Tap
- Double Left
- Caminada
- Single tap combination
- Suzy Q
- Kick Double Tap
- Victory
- Roundhouse / Circled Piano
- Kick Ball Change
- 4 Corners
- Cucaracha Cross
- Mambo Jazz
- Right Turn
- Zig Zag
- **Box**
- **Pulsating Suzy Q**



Music suitable for Salsa dancing is from about 150 beats per minute to around 250 bpm. Most of the dancing is done between 160–220 bpm.

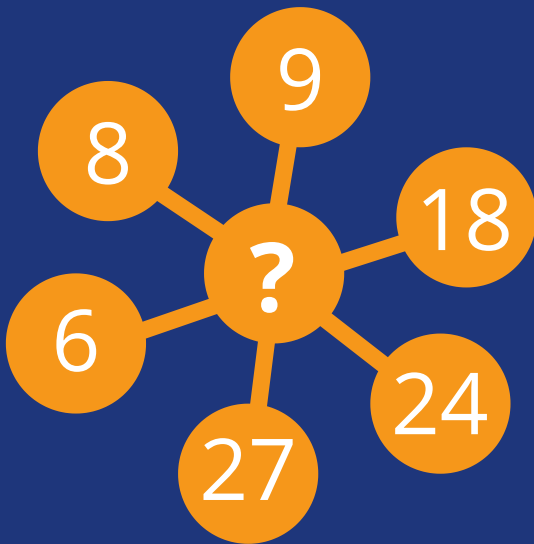


If you would like more information about our salsa solo lessons – let me know

BRAIN TEASERS

answers in the next news bulletin

1



Insert the missing number which has something to do with the surrounding numbers in combination

2

Za-za is older than Fifi, but younger than Juan. Fifi is older than Jorjio and Maccio. Maccio is younger than both Carlos and Jorjio. Juan is older than both Fifi and Maccio, but younger than Carlos.

Who is the oldest and who is the youngest?



3

A	B	C	D	E
3	11	7	4	18
2	12	7	5	19
5	17	11	6	?

What number should replace the question mark?

4

If it takes 5 men to dig 5 holes in 5 hours, how many men does it take to dig 100 holes in 100 hours?



5

Adam drinks Advocat and he drives a Datsun. He has a collection of albums by Annie Lennox. Does he fly with Virgin or Monarch airline?

BRAIN TEASERS - PUZZLES

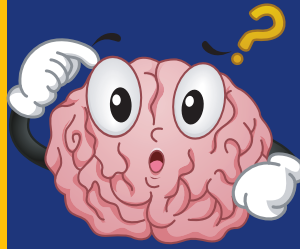
from last weeks news bulletin

answers on the next page....

PUZZLE 1

Which of these words is the odd one out?

CONDUCT
PRESENT
INDUCE
WOUND
EXCUSE



PUZZLE 2

If Keats is worth 8, Shelley is worth 12, and Byron is worth 9, what would you get for Wordsworth?

PUZZLE 3

Which of these words is the odd one out?

ROSE
BRIONY
HOLLY
CROCUS
DAISY

PUZZLE 4

Find a word that will go in front of
DRESS
FALL
SHADE
SPOT



PUZZLE 5

Find a four-letter word that you can add to the end of the first word & the beginning of the second to give 2 new words:

JAIL CAGE

PUZZLE 6

Complete this series

N W H O ?

PUZZLE 7

Find the next number in the series

1 4 9
16 25 ?

PUZZLE 8

Which is the odd number out?

24 36 327
86 15

PUZZLE 9

The height of the Blackpool Tower is 150 metres plus half its own height. How tall is it?

PUZZLE 10

Find a four-letter word that can connect
GOOD and POWER



BRAIN TEASERS - ANSWERS

PUZZLE 1

INDUCE

because all the other words have two pronunciations

PUZZLE 2

18

consonants are worth 2
vowels are worth 1



PUZZLE 3

CROCUS

All the others are used as girls' names

PUZZLE 4

NIGHT

PUZZLE 5

BIRD



PUZZLE 6

I

Second letters of the words oNe, tWo, tHree, fOur, flve

PUZZLE 7

36

the numbers are the squares of 1, 2, 3, 4, 5, 6

PUZZLE 8

86

all the others are divisible by 3

PUZZLE 9

300 metres



PUZZLE 10

WILL