



DANCEZING NEWS

JULY 24TH 2020



© Gill Peachey LRPS

DANCEZING NEWS

The beautiful photos were taken by our very talented Gill Peachey!

I think many of us have found ourselves with the time to really notice the beauty of nature over the last few months in particular.

Gill not only takes fantastic photos but always gives details of her subject too. This is a red tailed Bumble Bee and the flower is a 'Selfheal'

Thank you to Gill for sharing these lovely photos with us.

DANCEZING WEEKLY BULLETIN

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UNBELIEVABLE BUT TRUE



Continuing from last week, here are a few more of the stories when people responded to Aiden Moher's, request on Twitter: "Tell me a story about yourself that sounds like a lie but is absolutely true"

@mancusoscifi

"I was hit by a car on Bicycle Safety Day in third grade. It was also Friday 13th"



@TheMagicFridge

"I agreed to marry my husband six hours after we met, after only having talked to each other for less than half of that, entirely in public places. I had been trying to hit on his (already partnered) friend, to no avail"

Q: And has it worked out for you?

"It will be 24 years in May"



@freeloosedirt

"I was riding bikes with my daughter on Fri the 13th, & a black cat scurried across the bike path in front of us. My daughter said something about bad luck, and I began to tell her that it was only superstition when a bee flew into my mouth and stung me on the back of my throat"



TUTORIAL DANCE VIDEOS ON YOUTUBE



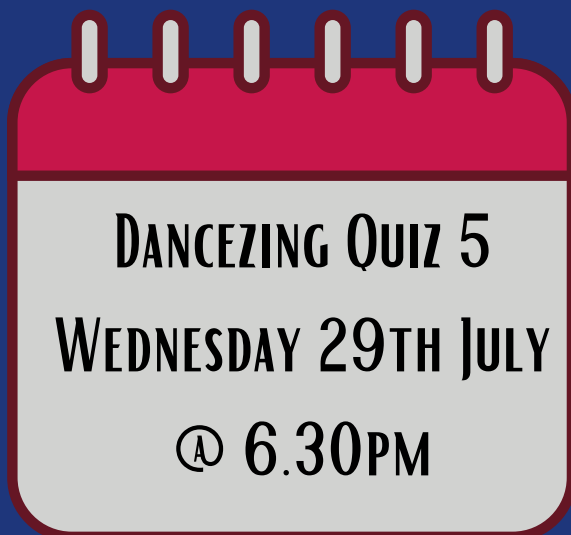
You can now find our line dance tutorial videos on Youtube!



I have updated the line dance tutorial videos to Youtube so you can now find them all in one place. Please subscribe to the Dancezing Channel. You will be notified when new videos are uploaded.

[Click here to view our channel](#)

DANCEZING QUIZ NIGHT



Join us for some fun at our Quiz Night. We have many different categories – sport, musicals, food & drink, observation, art, famous buildings, song lyrics, dingbats, catchphrase, the price is right, guesstimation and so much more! Every quiz is different.

So far our champions have been Yvonne Sachs & Denise Souter (joint – Quiz 1), Pauline Miles (Quiz 2), Sandee Boyce (Quiz 3), Claire & Mark (Quiz 4). Whose name will be on the cup this time?

Let me know if you would like to join the quiz so I can send the link to you. It's easy to join...

TUTORIAL DANCE VIDEOS - BEGINNER

Click on the dance title to view the tutorial video

BEGINNER LEVEL

[Do You Remember](#)

[Ruby Ruby](#)

[Maverick Shuffle](#)

[Honey I'm Good](#)

[Lipstick, Powder & Paint](#)

[The Lemon Tree](#)

[Until the Dawn](#)

[MD Honky Tonk](#)

[Bonaparte's Retreat](#)

[Coastin'](#)

[Little Rhumba](#)

[Simply Mambo](#)

[Stand Up & Boogie](#)

[Precious Time](#)

[Gently Does It](#)

[Feel the Way I Do](#)

[Dance Monkey](#)

[South Sea Shuffle](#)

[Primer Beso](#)

[Cowboy Charleston](#)

[Jo 'n' Jo Tango](#)

[Cha Cha Espana](#)

[Begin to Swing](#)

[Special Delivery](#)

[Nothing Compares](#)

[Under the Sun](#)

[Champagne Promise](#)

[My Pretty Belinda](#)



[Click here to access a practice video with 10 beginner dances](#)

TUTORIAL DANCE VIDEOS - IMPROVER

Click on the dance title to view the video

[Gone West](#)

[Crystal Touch](#)

[Keep Young](#)

[La Fiesta Cubana](#)

[What A Man Gotta Do](#)

[Mack the Knife](#)

[Senorita La-La-La](#)

[Guetta's Party](#)

[Stitch It Up](#)

[Pot of Gold](#)

[Elliot's Dream](#)

[Quando When Quando](#)

[Playboys](#)

[Click here to access a practice video with 9 improver level dances](#)

TUTORIAL DANCE VIDEOS - INTERMEDIATE

[Chill Factor](#)

[Faithful Soul](#)

[Clap Happy](#)

[Vanotek Cha](#)

[Caribbean Pearl](#)

[Tough Love](#)

[Shakatak](#)

[SXE](#)

[Nancy Mulligan](#)

[Liquid Lunch](#)



[Click here to access a practice video with 9 intermediate level dances](#)

SALSA SOLO

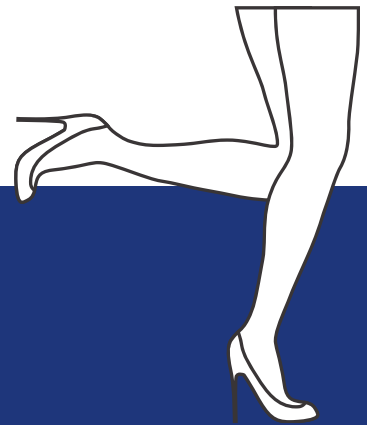
This weeks new step was 'Right Turn' – making a full turn to the right in the first 3 counts. We recapped other steps learnt to date and danced a routine. It was a fast paced session, with music over 200bpm! Lots of calorie burning! 😊

SALSA SOLO STEPS LEARNT TO DATE

- Forward & Back Basic
- Forward only basic
- Back only basic
- Cross basic
- Cumbia
- Cucaracha
- Turning Basic
- Back only turning basic



Salsa is an excellent workout!



- Chord Beats
- Front Side Together
- Piano
- Double Tap Crossover
- Front Toe Tap
- Double Left
- Caminada
- Single tap combination
- Suzy Q
- Kick Double Tap
- Victory
- Roundhouse / Circled Piano
- Kick Ball Change
- 4 Corners
- Cucaracha Cross
- Mambo Jazz

- **Right Turn**



As well as being an effective & fun form of cardio, it's a great workout for your hips, glutes and legs!



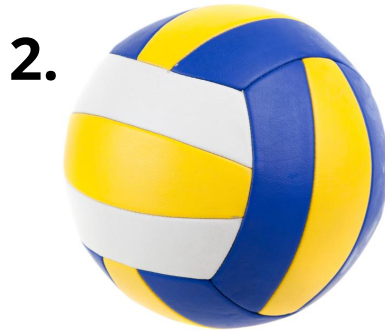
If you would like more information about our salsa solo lessons – let me know

BRAIN TEASERS - BALLS!- ANSWERS

Baseball



Volleyball



Ice Hockey



Ten Pin Bowling



Football



Boules / (Pentanque)

BRAIN TEASERS - GARDENING

1. What is the most common colour for a daffodil? **YELLOW**

2. Which vegetables can be globe or Jerusalem? **ARTICHOKES**

3. If you grew a box in your garden what would it be? **HEDGE**

4. Which purple aromatic plant takes its name from the Latin 'Lavo', meaning I wash? **LAVENDER**

5. How many wheels does a wheelbarrow usually have? **ONE**

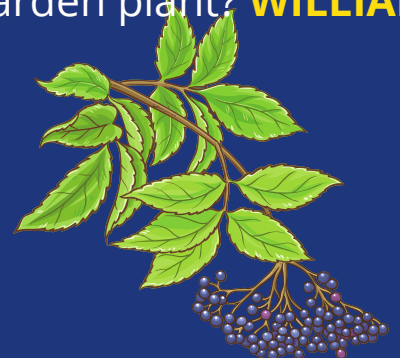
6. Hybrid tea & floribunda are types of what? **ROSES**

7. Which peas are decorative flowers? **SWEET**

8. Which princely name follows 'sweet' in a cottage garden plant? **WILLIAM**

9. What do lilies grow from? **BULBS**

10. Which fruits follow elderflowers? **ELDERBERRIES**



BRAIN TEASERS - SPOT THE DIFFERENCE



Can you spot 11 differences? Answers in next week's news bulletin...