

DANCEZING NEWS

Feeling hot, hot, hot!

We've had some hot summer social nights before but I'm sure this one broke the record! A huge 'thank you' to those of you who braved the heat to come along to dance. We packed in a lot of dancing and a lot of laughing too! Despite the heat we managed to get through a lot of routines and didn't shy away from the more nifty ones either! It was great to see dancers of all levels on the dance floor too!



Our red hot play list

Here's a list of the dance requests that we danced:

- | | | |
|-------------------|--------------------------|-------------------------|
| Cowboy Charleston | Primer Beso | Better When I'm Dancin' |
| Mamma Maria | Coastin' | Havana Ooh Na Na |
| Rocket to the Sun | Bosa Nova | I'll Be There |
| Maverick Shuffle | Champagne Promise | Vanotek Cha |
| Do You Remember | Missing | Adventure 45 |
| Electric Slide | Celtic Duo | Islands in the Stream |
| Honey I'm Good | Rebel Just For Kicks | See You Strut |
| Little Rhumba | Irish Stew (in a circle) | Meet Me There |
| Rita's Waltz | Boom Boom Bang | Tongue Tied Up |
| Until the Dawn | Simply Mambo | And Get It On |
| Ruby Ruby | Chill Factor | |



DANCEZING SOCIAL NIGHT

Saturday October 20th (7.15pm – 10.30pm)

Venue: Caterham Community Centre, High Street, Caterham, CR3 5UE

Soroptimist demo

Thursday 27th September 2018 – 7.30pm
Shirley Park Golf Club

Caterham Parish Ladies Group demo

Thursday 4th October 2018 – 8pm

DANCEZING Christmas Party

Wednesday 19th December 2018 – TBC
Caterham Community Centre

DANCEZING & Lets-Danze Line Dance Weekend Break

Friday 15th – Sunday 17th February 2019
Rockingham Forest Hotel, Corby

DANCEZING Line Dance Weekend Break

Friday 26th – Sunday 28th July 2019 - TBC
Cumberland Hotel Eastbourne

HAPPINESS IS



...friends, music, dancing.

Class Timetable

From 3rd September our normal class timetable will resume. Monday and Wednesday classes will return to Audley Primary School.



NEW DAYTIME BEGINNER CLASS

I am excited to be opening a new daytime class for beginners at Warlingham Church Hall – Tuesdays - 1-2pm.

This class will open on Tuesday 18th September

Please be kind enough to tell any of your friends who you think may be interested 😊 Thank you!

DAY	TIME	LEVEL	VENUE
MONDAY	6.15 – 7.15pm	IMPROVER	Audley School CATERHAM CR3 5ED (free parking available)
	7.15 – 8.15 pm	BEGINNER + / IMPROVER	
	8.15 – 9.15 pm	BEGINNER	
TUESDAY	11am – 12.30pm	IMPROVER / INTERMEDIATE	WARLINGHAM Church Hall CR6 9HA (free parking nearby)
TUESDAY	1- 2pm	NEW BEGINNER (opens 18 th September)	WARLINGHAM Church hall CR6 9HA (free parking nearby)
TUESDAY	4.15 – 5.15pm	BEGINNER	OXTED Community Hall RH8 9NB (free parking available)
	5.15 – 6.30pm	BEGINNER + / IMPROVER	
WEDNESDAY	6.45 – 8.15pm	IMPROVER / INTERMEDIATE	Audley School CATERHAM CR3 5ED (free parking available)
THURSDAY	9.30 – 10.30am	BEGINNER	CATERHAM Community Centre High St, Caterham on the Hill, CR3 5UE (free parking nearby)
	10.30 – 11.30am	IMPROVER	
FRIDAY	6.30 – 7.30pm	BEGINNER	KENLEY Memorial Hall Godstone Rd, CR8 5AB (free parking available)
	7.30 – 10pm	INTERMEDIATE	



A huge 'thank you' to Carmen who took classes for me during September while I spent precious time with my family before they head off to school and University!

Carmen will be taking a well-deserved short break so **Oxtd class will be closed on Tuesday 4th September**



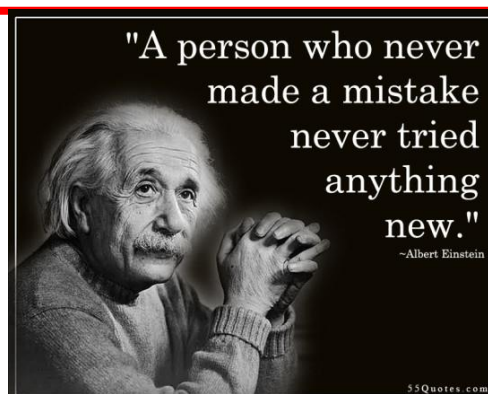
LINE DANCE WORSHP – CARIBBEAN PEARL

Some of our dancers had seen 'Caribbean Pearl' line dance at our social nights and wanted to learn it so I held a workshop on 8th August to teach it, which meant that those dancers coming along on the weekend break would have an opportunity to dance it with us in Eastbourne.

The workshop went really well and everyone did a fantastic job learning this amazing dance to a dramatic piece of music. We danced it several times at the weekend break – and it looked fabulous! Well done to you all!

You can take a look at the dance by clicking in the link: [Caribbean Pearl Line Dance](#) or if it doesn't work, search 'Caribbean Pearl' on our website – www.dancezing.co.uk

If there are any dances that you have seen that you would like to learn, let me know as we may be able to set up a workshop if there is enough interest 😊



Line Dance Demo for the Soroptimists – Thursday 27th September

Heather Bailey is a line dancer and a soroptimist! Of course we all know about the former but have you heard of the latter? Read Heather's article to find out more.....

What is a Soroptimist?



Soroptimist International is a women's organisation which works to transform the lives of women and girls worldwide through a global network of members. We have 90,000 members in over 3,000 clubs in 124 countries. Each Club supports local, national and international projects, and the objects of Soroptimist International are:

The advancement of human rights, peace, equality and diversity, education, health, good citizenship, community development and the relief and prevention of poverty.

I have been a member of the Soroptimist Club of Croydon and District for 30 years, and this year I am the Club's President. We meet twice a month on a Thursday evening at the Shirley Park Golf Club and currently have 25 members.

This year the Croydon Club's local activities have included support for the Croydon Churches Floating Shelter, Bromley and Croydon Women's Aid and we have designed and planted a section in the Croydon Community Peace Garden in Park Hill Park.

Each year the Club President nominates a charity of her own choice to support and my chosen charity for the coming year is the Multiple System Atrophy Trust. We will be raising funds for, and promoting awareness of, this incurable progressive neurological disease called MSA. One of our club members lost her husband to this condition in March this year after he became increasingly disabled over a 10 year period, so it is a cause dear to my heart.

Our current International project is working in partnership with Child.org to support the Meru Women's Garden Project which provides sustainable gardening techniques, education and tools, to women in the Meru area of Kenya, enabling them to become mentors of agricultural sustainability within their community. By working in partnership with other organisations and local Soroptimist Clubs we ensure that the money and aid reach the people who need it and we get feedback on how it is improving their lives.

The Club also has an active social side, so my President's motto for this year is:

"Do something you enjoy today and raise funds for MSA"

As you know I enjoy Line Dancing, especially Nicky's Wednesday evening classes, so I approached Nicky and she has agreed to come along to the Shirley Park Golf Club on Thursday 27th September to give a demonstration, and let our members have a go at learning a couple of easy Line Dances. If any of you would like to come and meet the Croydon Soroptimists we are planning to have a buffet supper at 7.30pm which will cost £15.00 per person, friends, relatives and spectators welcome as long as we have numbers in advance, and then dancing between 8.00 and 9.00pm. If you do not want to join us for the meal but would like to come along and join in the dancing tuition then let me know. If you are interested I will let you have the full details (my email is: baileyheather@blueyonder.co.uk)

I am still working two days a week as an Optometrist at the Practice in Sanderstead, which I own and run with my business partner and Dispensing Optician, Linda but in my spare time I enjoy gardening, growing fruit and vegetables, visiting National Trust and RHS gardens, cooking (especially Chinese and Thai dishes), and of course Line dancing. I won't tell you how long I've been doing that, because if I did you would expect me to be a much better Line dancer than I actually am!

Heather Bailey.



**Multiple System
Atrophy Trust**



Demo Team – Thursday 27th September & Thursday 4th October

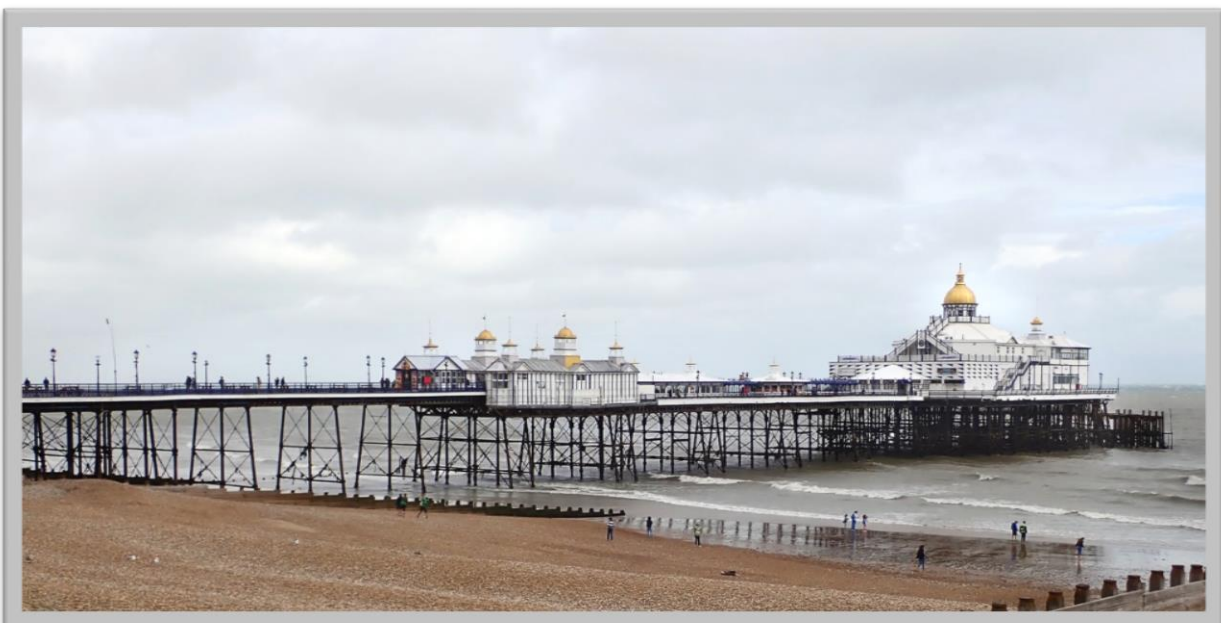
Please let me know if you would like join the demo team for either one or both of the meetings - I really appreciate your support at these events. Let's show them how much fun line dancing is 😊



DANCEZING LINE DANCE WEEKEND 2018

The highlight of our Dancezing year to date for me has to be our weekend break in Eastbourne. Every time I think about it, it brings a big smile to my face 😊 Thanks to the lovely people, both dancers and non-dancers, who joined us, the atmosphere was amazing. So much fun, laughter, camaraderie and of course, dancing!

On Friday 10th August our Dancezing group descended upon the Cumberland Hotel in Eastbourne. The hot, sunny summer we had grown accustomed to had disappeared and many of us drove through pelting rain to get there. We arrived to grey skies and strong winds. Our spirits, however, were far from dampened and we all had big smiles, looking forward to the weekend ahead.



photograph by Gill Peachey

After a good catch up with friends, & making new friends during our evening meal we were ready to hit the dance floor!



We started with some nice easy dances to warm us up on Friday night as well as a particularly funny 'Cheeseburger'. Some of our new dancers who joined us had never had the pleasure of dancing this before, so it had to be done! If you want to watch us click the following link:

https://youtu.be/F9Uqk_DWnSs

There was also a picture quiz on the tables of famous coastal landmarks. Take a look on the next page to see how many you know. The answers will be at the end of the newsletter.

We danced until late and headed off to bed knowing that we needed to rest our legs before the dance workshops the following morning!



DANCEZING LINE DANCE WEEKEND 2018



NAUTICAL QUIZ



Name the famous coastal landmarks



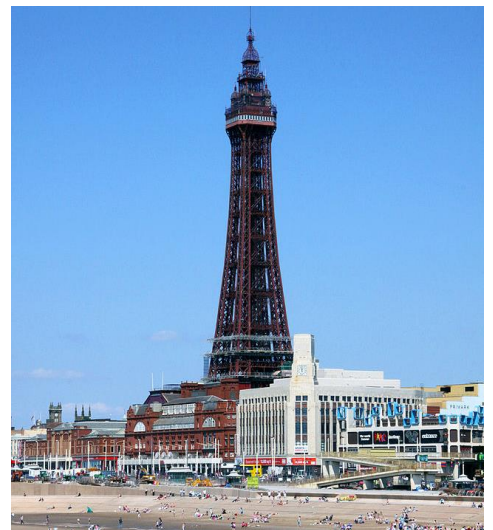
A



B



C



D



E



F

DANCE WORKSHOPS – Saturday morning

The first dance that I taught was 'Mamma Mia! Why Me?' choreographed by Lee Hamilton. A good, 2 wall, beginner level line dance to the track 'Why Did It Have To Be Me' from the Mamma Mia soundtrack with one easy tag!

You can watch a video of us practising this dance on Saturday evening here:

<https://youtu.be/Wl1e2-fWQMo>

The second workshop dance was 'Groovy Love' – a funky 32 count, 4 wall dance choreographed by Fred Whitehouse, Daniel Trepot & Jonas Dahlgren to the track 'If Jesus Loves Me' – no tags, restarts or camel walks! We had some giggles learning this one!

You can see us practising this dance at our nautical themed evening party here:

https://youtu.be/ymNNQjAq_Jw

Our final teach was 'A Double Whiskey' – a 64 count, 2 wall dance choreographed by Gary O'Reilly to a great track by Antigone Rising called 'That Was the Whiskey'. Once again, we had a lot of fun learning this together and the tag caused some laughs – who ever knew that counting to 4 could be so tricky?!

You can view a snippet of us practising at our Saturday night party here:

<https://youtu.be/6k80T9KXc4Q>

Everyone did a great job of learning the new dances and it was great to see our new beginners doing so well and it was heart-warming to see our more advanced dancers so keen to help others.

Our workshops finished at lunchtime and the afternoon was free for people to relax. The weather had brightened considerably and most people went out to explore Eastbourne, stroll along the seafront and enjoy ice-creams and fish & chips.



Saturday Night – ‘Nautical’ Themed Social

The theme for our Saturday night party was ‘nautical’ – in case you hadn’t realised! Here are a few pictures.....







IT'S A GREAT WAY TO MEET NEW FRIENDS.

YOU DON'T STOP DANCING
BECAUSE YOU GROW OLD

YOU GROW OLD BECAUSE YOU STOP DANCING



This photo is of Sue Kempton and Jim Fisher. Sue is one of our lovely dancers from our Oxted class. She bravely came along to our weekender despite the fact that she didn't know anyone! By the time she went home, she had made plenty of Dancezing friends. One of those friends is Jim, who is 99 years old. He came along with his son, David, who is a member of our club.

Not only did Jim dance Cowboy Charleston twice during the weekend but he also danced a beautiful partner waltz with his new friend Sue while the rest of us danced Rita's Waltz as a line dance.

You can watch this here:
<https://youtu.be/wmKYz67MuP0>

We all agree that one of the highlights of the weekend was to see Jim looking so spritely as he waltzed round the room with Sue. I hope we will all be able to dance so well when we reach 99! Jim – you're an inspiration and an absolute star!
xx

Play List for Line Dance Weekend

After breakfast on Sunday we had 3 more hours of dancing! We got through most dance requests over the weekend with a mix of dances for beginners, improvers and intermediate level dancers.

Mamma Maria
 Electric Slide
 Cheeseburger
 Cowboy Charleston
 Easy Come Easy Go
 Mamma Mia! Why Me?
 Maverick Shuffle
 Do You Remember
 Honey I'm Good
 Boom Boom Bang
 Rocket to the Sun
 Gently Does It
 The Lemon Tree
 Precious Time
 Rita's Waltz
 Little Rhumba
 Nimby EZ
 Lipstick Powder & Paint
 Baccara Boogie
 Ruby Ruby
 Skinny Genes
 Love Me or Leave Me
 Hey Senorita
 Champagne Promise
 Under the Sun

Love Me Love Me
 Better When I'm Dancin'
 Missing
 Your Heaven!
 Groovy Love
 Dancing on a Monday
 Bosa Nova
 Lonely Drum
 Something in the Water
 Primer Beso
 Delilah
 I Close My Eyes
 Bored
 Elliot's Dream
 Tell the World
 Tush Push
 Rebel Just For Kicks
 Irish Stew
 Stanryck
 Don't Bring Lulu
 Dancing in the Dark
 Smokey Places
 Don't Say Goodbye
 Black Coffee
 T-Bone Shuffle

Caribbean Pearl
 Act Like A Man!
 Vanotek Cha
 Mack the Knife
 Celtic Duo
 Dance With Me Tonight
 Tongue Tied Up
 I'll Be There
 The Ghost of You
 Islands in the Stream
 A Double Whiskey
 Doing the Walk
 Havana Ooh Na Na
 Funky Sole
 Chill Factor
 Meet Me There
 Expectations
 See You Strut
 Human After All
 Whole Damn Thing
 Sunshine Twist
 VIP
 The Bomp
 Ain't Misbehavin'
 Those Russians





Nautical quiz answers: A – Beachy Head
 B – The Needles C – White cliffs of Dover
 D – Blackpool Tower E – Durdle Door
 F – Old Man of Hoy

Thank you for all the lovely 'thank you' messages and gifts with regard to the weekend break. It was an absolute pleasure for me to run the weekend because you were all so wonderful – what a great job I have!

A huge 'thank you' to Isabella for helping me so much – I couldn't have done it without her. Thank you for acknowledging her in your messages – she really appreciated it!

Thank you to those of you who have completed the questionnaire with regard to the weekend break. I will let you know the results shortly.

Your feedback and comments really help and I will make use of this when organising the next one. Oh, did I say 'the next one'?!

Of course our next weekend break is in Corby in February, held jointly with Carol's club – Let's-Danze. We still have some spaces available for twin and double rooms. Our singles are currently sold out, however, if you're interested I can pop you on the waiting list as sometimes spaces become free nearer the time.

Based on comments and feedback from Eastbourne it seems that you would like another line dance weekend break on the south coast. It is very difficult to find nice hotels with a good ballroom and therefore the demand for the few that do offer this is high. I have managed to provisionally secure a date at the Cumberland again for next July. I will send out full details shortly so watch this space.....

Thank you to Carmen for covering my classes for me during August while I have been spending time with my family who have been visiting from LA and Dubai. I am so looking forward to being back on the dance floor with you all again – I have missed dancing and I have missed my Dancezing family. See you all next week! 😊!

Keep smiling and Keep Dancezing!

Nicky x



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