## DANCEZING NEWS





# SOCIAL Beginner Level



#### **SATURDAY 9th JUNE 2018**

Doors open 7.15pm ~ dancing 'til 10.30pm Warlingham Church Hall, 399 Limpsfield Rd, CR6 9HA

Introducing our new 'beginner level' social

All dances will be suitable for absolute beginners and beginners.

No experience is required, just a sense of humour ©

This social night is a great opportunity for our new dancers to put into practice what they have learnt.

Instruction will be given, enabling everyone to join in the dances

All levels are welcome – what great exercise!

Tickets to be purchased in advance: £7.50

Bring your own drinks & nibbles
Tables can be reserved

Street parking and a free car park nearby

Nobody cares if you can't dance well.
Just get up and dance.
Great dancers are not great because of their technique, they are great because of their passion.

Martha Graham



#### Win is definitely a winner!

Thursday 26<sup>th</sup> April wasn't an ordinary line dance class – it was a special occasion because our dear dancer Win was celebrating her 90<sup>th</sup> birthday! We serenaded her with 'happy birthday' and all enjoyed some cupcakes together.

Win is an inspirational lady – she dances like a Spring chick and to be honest I would like to see her birth certificate as evidence because I don't believe her age is correct!

Naturally, we asked Win what her secret to staying youthful is:

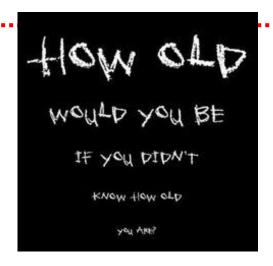
"I danced sequence dancing for 45 years with my husband. We went out dancing 3 times a week. I honestly believe that dancing has helped to keep me young."

Let's hope that dancing keeps us as fit and youthful as Win and that we will all be celebrating our 90<sup>th</sup> birthdays on the dance floor ©

Congratulations Win! xx







We welcomed a visitor all the way from Atlanta this month.

Pat was staying with her friends Ricky & Dick and joined them at their line dance class.

Despite coming from the USA, Pat had never line danced before!

Imagine travelling all the way to England for your first taste of line dancing

She said that she thoroughly enjoyed the experience ©



#### **DANCES**

We've learnt some great new dances this month. Click on the dance title to view the video & step sheet:

<u>Dancing On A Monday</u> – a lovely dance choreographed by Alison Biggs & Peter Metelnick to a lovely track by Mark Kingswood, which has definite tones of Michael Bublé. This dance has more to it than it first seems and fits really well to the music. Having danced this on a Tuesday and a Friday we've proved you can dance this on any day of the week;)

See You Strut – a super, 64 count, 2 wall, intermediate/advanced dance choreographed by Rachael McEnaney White to a great track by Adam Lambert called 'Strut'. We have had some fun with the 'camel walks' and ways of remembering the steps – 'get on your camel, give it a kick and a tap, two more kicks, and gallop'! Well done to the Friday class who have mastered this dance!

<u>Love Me Love Me</u> – a great sing-a-long dance to the well-known track 'Will You Love Me Tomorrow' – (this version is by Human Nature), choreographed by Karl-Harry Winson.

Sunshine Twist – everyone knows that a little bit of sunshine makes you feel good and this dance certainly does that! An uplifting track by River Matthews called 'Sunshine' with some fancy footwork from Fred Whitehouse the choreographer ©

Coastin' – we've had an Irish flavour in some of our beginner classes this month – learning this classic dance to Lord of the Dance by Ronan Hardiman. It's great to see the progress as the weeks go by and the dancers feel that the dance has got slower;)

#### The sun always shines



at line dance class

Dance, dance

WHEREVER YOU MAY BE

We never get the hump on 'humpday'



Because we have our line dance class!

#### WEDNESDAY LINE DANCE CLASS CATERHAM

Please note that from 6<sup>th</sup> June our class times will change to:

Start: 6.45pm

Finish: 8.15pm

(this class is for improver / intermediate level dancers at Audley Primary School, Whyteleafe Rd, CR3 5ED)



#### **CATERHAM STREET FESTIVAL - LINE DANCE DEMO**

This year's Caterham Street Festival is taking place on **Sunday 3<sup>rd</sup> June** & I am delighted that we have been invited back again this year to join the Caterham Hill WI in the Community Centre.

The W.I. will be serving tea and scrumptious cakes and we will be providing the entertainment with line dance demos and giving instruction to any brave members of the public who would like to give line dancing a go.

We want to show everyone how much fun line dancing is and that it's something that everyone can try. Thank you so much to those who have volunteered to come along – I really appreciate your support ©

It's an opportunity to do some more dancing so please feel free to join us anytime between 2pm – 4pm. You can work up an appetite & eat cake – now there's an incentive to join in!;)

(The High Street will be closed from midday so it will be necessary to park nearby and walk to the Community Centre).

Feel free to contact me if you'd like further information

#### DO YOU REMEMBER?

In May 2016 some of the dances we were learning were:

Skinny Genes Until the Dawn In the Basement

Bring on the Good Times Feels Like I'm In Love

Solo Amor Digital Age Corazon Diamante

and a year ago: Whatchugot Kissing Strangers

We are still regularly dancing 6 out of 10 of these which is great.

I remember feeling apprehensive about teaching Digital Age because it had 'armography' but it seemed to go down well and everyone was willing to give it a try ©

Some of the dances we have learnt in the past are listed on the website in the A-Z list -

Here's the link: <a href="http://dancezing.co.uk/a-z-of-line-dances/">http://dancezing.co.uk/a-z-of-line-dances/</a>

Would you like to bring back any of these dances or are there any dances that you remember that we don't dance any more that you would like to dance again? Let me know......

### Please help Gill to raise funds for St. Catherine's Hospice

I am doing the 20mile Midnight Walk for St Catherine's Hospice again this year on June 9th. St Catherine's provides the palliative care support in Caterham and surrounding areas right down to E Grinstead, Horsham & Dorking from the bases in Crawley & Oxted. With only 30% of our funding supplied by the NHS, & that being squeezed, we are always in need of support to keep providing the services that people with advancing illness & their families need.

I have a Just Giving page set up if anyone would like to donate: I could do with some support to get me up from 5 miles to 20miles in less than 6 weeks!

Thank you! Gill

If you would like to make a donation towards this worthy cause here's the link to Gill's fundraising page:

https://www.justgiving.com/fundraising/gill-righton1





#### Summer Social Night – Saturday 14th July

A fun evening for all levels of dancer – beginner to intermediate.

Dancing your requests all evening.

Bring your own drinks & nibbles.

Tables can be reserved.

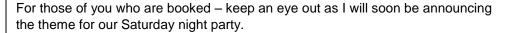
Tickets will be on sale in June

Wear your summer attire – it's gonna be *hot* on the dance floor!

Hope to see you there ©

#### Eastbourne Line Dance Weekend Break – August 2018

All rooms for our weekend break on 10<sup>th</sup> August have been allocated. If you would like to go on the waiting list – please let me know.





# EVEN THE GREATEST WAS ONCE A BEGINNER. DON'T BE AFRAID TO TAKE THAT FIRST STEP.

#### **NEW - CLASS FOR ABSOLUTE BEGINNERS**

Our Thursday morning class for beginners has become very popular & we have almost reached full capacity. It would be a shame to turn people away so I am opening a new daytime beginner's class.

From September 18<sup>th</sup> we will have a class in Warlingham Church Hall from 1-2pm for new beginners, so if you know of anyone who would like to give line dancing a try please let them know about this. Thank you.

I am looking forward to seeing some of you at the 'Right Royal' social on Saturday 19<sup>th</sup> May © - an evening for those of you who aren't attending the royal wedding;) Don't worry if you can't join us as we have social nights in June and July coming up too!

I will be away during some of May, so a big 'thank you' to Carmen who is kindly covering some of the classes. If you want to check class dates please use the following link:

http://dancezing.co.uk/2018/04/15/dates-for-your-diary/

See you soon!

Keep dancezing!

Nícky x

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