

DANCEZING NEWS



A shout out to all of you

I truly appreciate your support
of my classes & events,
your loyalty
and your friendship!

THANK YOU

for choosing to dance with
DANCEZING! xx

A huge 'thank you' also for the kind wishes, beautiful Christmas cards and amazing gifts that you so generously gave to me for Christmas! I was totally overwhelmed – you are naughty, but ever so nice ;)

I will be sending out 'thank you' notes shortly.

One of the gifts was a super pair of mittens but there was no gift label attached – so if you were the kind person who bought these for me, please do let me know.

Thank you so much
everyone! xx

2017 - What a fabulous Dancezing Year it's been!

In February of this year, I held my first line dance weekend break with my dance instructor friend, Carol. We were delighted that so many of you joined us in Corby and what a great time we had, dancing our socks off and having fun with friends, both new and old! I'm now busy preparing for and looking forward to our 'reunion' weekend – delighted that some of you are returning and that we are also being joined by new friends too. Based on feedback from you, I also hope to organise one a little closer to home – watch this space for further details soon..... 😊



WEEKEND BREAK

POLITE REMINDER

Balance of monies for
February 2018 weekend
break is due by 6th January

Thank you 😊



SOCIAL NIGHTS

From January round to 'Twixmas' we have held 'social nights', giving you the opportunity to socialise and to put into practise the dances you've been learning in class. You create such a fun atmosphere at these events – it's brilliant! ☺

It's been good to see more and more people attending too. Without your support we wouldn't be able to continue with these events.

I always include dances for everyone, from beginner through to intermediate level and will always give a 'walk through' of a dance first if anyone needs it.

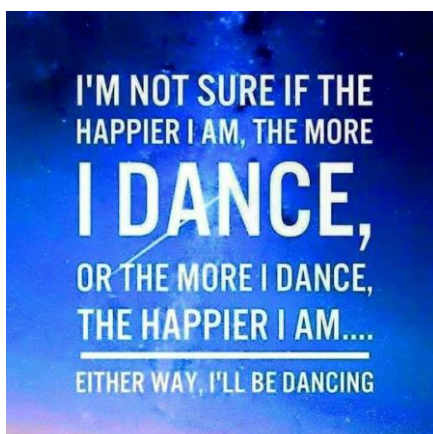
If you haven't been to one of our social nights yet, please do try to come along in 2018. You're sure to have a good time. The next one is coming up on 20th January – tickets will be on sale at classes ☺ x



HAPPINESS IS



...friends, music, dancing.





2018

Classes

All classes open week commencing 8th January

New Beginners can join:

Oxted Community Hall – 9th January @ 4.15pm

Caterham Community Centre – 11th January @ 9.30am



Kenley Memorial Hall – 12th January @ 6.30pm

Social Events

Saturday January 20th (7.15pm – 10.30pm) – fundraising – theme ‘red hot’

Weekend Break 16th – 18th February (sold out)

Saturday March 24th (7.15pm – 10.30pm)

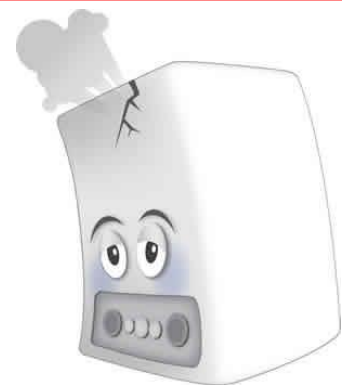
Saturday May 19th (7.15pm – 10.30pm)

Saturday July 14th (7.15pm – 10.30pm)

Saturday October 20th (7.15pm – 10.30pm)

Wednesday 19th December (6.15pm – 8.45pm) - Christmas Party – TBC

Friday 28th December (6.30pm – 9.30pm) – ‘End of Year Line Dance Party’ - TBC



Saturday 20th January – ‘Red Hot’ Social to raise funds for a new boiler

Last January we held our ‘sparkle & shine’ social and with a charity raffle we raised an amazing £303.25 for SHINE. This year, I have been asked to raise money towards a new boiler for Caterham Community Centre. As many of you know, the boiler has been on its last legs for a while and finally gave up in December. Many of us have had pleasure of using the hall, which has a great dance floor, at our Thursday classes and for our social nights. Please come along & help to raise funds. The theme is ‘red hot’ so feel free to wear something red if you want or if you’d rather not, just show us your ‘red hot’ dance moves 😊

Classes

Throughout 2017 we opened several new beginner classes. Our Thursday morning class was extended to 2 hours, allowing new beginners to join in the first hour as the class continued to grow. It is very popular and new people are still asking to join which is fantastic but we are keeping an eye on the hall capacity! We may need to add an extra hour!

In May, we opened a new beginner class in Caterham. Everyone is doing really well and will soon be able to join the earlier class which is a level up.

May also saw the launch of Oxted classes at Oxted Community Centre. Beginners at 4.15pm and improvers at 5.15pm. Our beginners have done very well and are welcome to join the improvers. We are re-launching the beginner class in January as we need to boost the numbers in Oxted for the classes to be able to continue. If you know of anyone who would be interested in joining please let them know about the class. Thank you 😊



People have been enquiring about new beginner classes so it's been necessary to find a time to fit in a new class. This is not easy, but an opportunity has come up at Kenley.



NEW BEGINNERs CLASS

Kenley Memorial Hall – 6.30 – 7.30pm – opens Friday 12th January

We already hold our intermediate class from 7.30 'til 10pm on a Friday & an hour slot became free just before.

I know some of you come into the intermediate class before 7.30pm & you're still welcome to enter the hall but please be aware that there will be a class running.

CLASS TIMETABLE

Our classes will be open from Monday 8th January.

Some classes will be closed during February as follows:

- Monday 12th Feb : Caterham – closed
- Tuesday 13th Feb : Warlingham closed **Oxted open**
- Wednesday 14th Feb : Caterham closed
- Thursday 15th Feb: Caterham closed
- Friday 16th Feb : Kenley closed (due to Weekend Break)

DAY	TIME	LEVEL	VENUE
MONDAY	6.15 – 7.15 pm	IMPROVER	Audley Primary School CATERHAM
	7.15pm – 8.15 pm	BEGINNER + / IMPROVER	
	8.15pm – 9.15 pm	BEGINNER	
TUESDAY	11am – 12.30 pm	IMPROVER / INTERMEDIATE	WARLINGHAM Church Hall
TUESDAY	4.15 – 5.15 pm	NEW BEGINNERS	OXTED Community Hall
	5.15 – 6.30 pm	IMPROVER	
WEDNESDAY	6.15 – 8.30 pm	IMPROVER / INTERMEDIATE	Audley Primary School CATERHAM
THURSDAY	9.30 – 10.30 am	NEW BEGINNERS	CATERHAM Community Centre
	10.30 – 11.30 am	IMPROVERS	
FRIDAY	6.30 – 7.30 pm	NEW BEGINNERS	KENLEY Memorial Hall
	7.30 – 10 pm	INTERMEDIATE / GENERAL	



Looking back over 2017 – I've been thinking of our lovely dancers who are no longer with us.

Thinking especially of Linda who sadly passed away recently. We will miss her, just as we miss our other dear Dancezing friends who are no longer with us xx



Dancezing Line Dance Demos

During 2017 we took part in line dance demonstrations at Kenley WI and Caterham Hill WI and also at the Caterham Festival. A huge 'thank you' to those of you who came along to show everyone how much fun line dancing is. Your enthusiasm must have been infectious because a number of people have joined our classes since 😊

We have been booked to visit Sanderstead, Chaldon and Old Coulsdon Cupcakes WI groups during the first quarter of 2018 which is exciting.

Please let me know if you would like to be part of our demo team or if you belong to a group who would like a visit from us 😊



*'Twas the week after Christmas and all round
the house*

Nothing would fit me, not even a blouse!

The rumours are rife – now everyone knows

*It's those damn chocs that are shrinking our
clothes.*

The cookies, the puds and the pies full of mince,

I haven't been able to look at one since!

So how am I going to get rid of this fat?

Well, dancing with Nicky is the answer to that!

By Anon. E. Mouse



I found this poem from January last year, written by one of our talented dancers.

Some of us had the opportunity to burn off Christmas calories at the 'Twixmas Social' where we danced around 40 dances and notched up a considerable number of steps 😊

DANCES

We have learnt some great dances through the year! Some have become firm favourites and others we enjoy dancing every now and again. Here's a list of some of them. Take a look and let me know if there are any you would like to recap in the New Year 😊

BEGINNER LEVEL

Rocket to the Sun	Simply Mambo	Little Wandering Heart
Do You Remember	Throwback Swing	Boom Boom Bang
King of the Road	Lemon Tree	My Pretty Belinda
Until the Dawn	Cowboy Charleston	Gently Does It
Precious Time	Mamma Maria	Electric Slide
Rita's Waltz	Cowboy Strut	Feeling Kinda Lonely
Bella Roma	Little Zou Bisou	Little Red Book
Stand Up & Boogie	Ipanema Girl	In the Basement

IMPROVER & INTERMEDIATE LEVEL

Lonely Drum	Rebel Just For Kicks	Eyes For You	
Whole Damn Thing	Beautiful Wonderful	Shake Rumble and Quake	
T-Bone Shuffle	Whatchugot	Better When I'm Dancin'	
Don't Bring Lulu	Missing	East to West 17	
Bored	Your Heaven!	Rock & Roll Music	
Elliot's Dream	Pot of Gold	Islands in the Stream	
Black Coffee	Primer Beso	Feels Like I'm In Love	
Nothing Compares	Under the Moon of Love	Ticket to the Blues	
Havana Ooh Na Na	Those Russians	Ain't Misbehavin'	
Tongue Tied Up	Under the Moon of Love	Slowly Gently Softly	
Dance With Me Tonight	Kissing Strangers	The Ghost of You	Anywhere
My Middle Name	Human After All	Dig Your Heels	Shady
Kiss the Sky	Girls Like	Corazon Diamante	
Second Hand Heart	So Just Dance Dance Dance	Solo Amor	Ex's & Oh's
Making History	Tough Love	Nancy Mulligan	Expectations
Loving My Baby	The Queen	Whiskey Tango	Toes
Boiling Point	Funky Sole	Gerry's Reel	La Pompa
The Real Deal	Homegrown	Every Time She Walks By	
Lonely This Weekend			

Wow! You've been busy on the dance floor! Looking forward to more fab dancing in 2018 😊

BENEFITS OF DANCING

- improved condition of your heart and lungs
- Increased muscular strength, endurance & motor fitness
- Increased aerobic fitness
- Improved muscle tone & strength
- Weight management
- Stronger bones and reduced risk of osteoporosis
- Better co-ordination , agility & flexibility
- Improved balance & spatial awareness
- Increased physical confidence
- Improved mental functioning
- Improved general & psychological well being
- Greater confidence & self esteem
- Better social skills

Line Dance Floor Etiquette

The New Year is a good time to remind ourselves this. Those of you who are new to line dancing may not have heard of it, but yes, many years ago an etiquette was established! There are a few in circulation but I've taken some points from the one published by 'linedancer' magazine that I think will be useful for you.

On a few occasions recently I've noticed someone walking through lines of moving dancers – it can cause an accident so please don't do it! Let's dance through 2018 safely and happily 😊

For me, personally - the last one is the MOST important!

The polite way to share and enjoy the dance floor.

- Never step onto the dance floor carrying drink, glasses or cans.
- Always walk around the edge of the dance floor.
- Never walk through lines of moving dancers.
- Never stay on the floor to talk - if music is playing go off the dance floor to chat.
- When dancing near beginners - be mindful and courteous and don't show off.
- Try to be helpful and welcoming to newcomers, visitors and guests.
- Only start a different dance, if there is room and you sense it is acceptable to do so.
- If the floor is crowded, take small steps, enjoy the company, but watch for collisions.
- If you should bump into someone, it is nice to apologise whether it is your fault or not.
- Be polite and respectful to DJ's especially when making requests.
- Don't get grumpy and moan if your request is not played - its spoils it for others.
- Remember to give applause when dancing to live acts. Don't just walk off the floor.
- If possible start another line rather than join one that will block the outside lanes.
- Don't be tempted to stop dancing to teach. Go off the floor to teach.
- When starting off the dance, go to the front so that others can fall in behind you.
 - And finally, keep your head up , keep smiling and enjoy yourselves.

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Wishing you all a very happy, healthy New Year full of fantastic dancing!

Keep dancezing!

Nicky x