

DANCEZING NEWS



Spooktacular Social Tickets are on Sale Now

Tickets are now on sale for our social on 21st October, to be held at Caterham Community Centre.

Doors open at 7.15pm, dancing 'til 10.30pm

Please let me know if you'd like to reserve a table.

Dances for all levels from new beginners to intermediate – don't forget to request your favourites – I will try to include them all!

Tickets: £7.50 for dancers, £4 for non-dancers.

Bring your own potions and bites!

Spooky fancy dress is optional.



Dance, dance, wherever you may be.....

I was delighted to receive an email early one Saturday morning with this photo & message attached:

Came to beach, Cornwall, to paint sunrise at 6am with Carol and Jan. Just did Electric Slide on sand. Magic.

This is great!

Please tell me about places where you've found yourself line dancing or send photos – it will be fun to see ☺

Thank you to Diana, Carol and Jan for this photo xx



2017

Social Night

Saturday October 21st (7.15pm – 10.30pm)

Christmas Party

Wednesday 20th December (6.15pm – 8.45pm) - TBC

2018

Social Night

Saturday January 20th (7.15pm – 10.30pm)

Weekend Break 16th – 18th February (sold out)

Saturday March 24th (7.15pm – 10.30pm)

Saturday May 19th (7.15pm – 10.30pm)

Saturday July 14th (7.15pm – 10.30pm)

Saturday October 20th (7.15pm – 10.30pm)

Christmas Party

Wednesday 19th December (6.15pm – 8.45pm) - TBC



Art Exhibition at Denbies

Remember the fantastic article written by Diana in last month's newsletter?

If you missed it, follow this link:

<http://dancezing.co.uk/2017/08/31/line-dance-newsletter-august-2017/>

Don't forget that you can view some of Diana's art that will be exhibited at Denbies Vineyard Gallery in Dorking from Monday 16th to Sunday 22nd October.

If you can't make it, take a look at her website:

<http://www.dianakingart.co.uk/gallery.html>



An evening with
CATERHAM COMMUNITY CHOIR



Together with
Local Supporting Artistes
at
de Stafford School
Burntwood Lane, Caterham



Saturday 7th October
7.00pm for 7.15pm start



In conjunction with and raising funds for
Caterham Dene Hospital
League of Friends

Tickets £5

Refreshments available

For tickets contact:-
Jean - 01883 345619

or
Sheila - 01883 345678

Saturday 7th October

A couple of our lovely dancers – Sheila Vaux and Cherie Law can sing as well as dance!

They belong to the Caterham Community Choir and you have the opportunity to hear them at this event which is being held to raise funds for Caterham Dene Hospital League of Friends.

It sounds as if it will be a great evening.

Half Term Class Closure Dates

Please note that all classes will be closed for half term week:

Monday 23rd October – Friday 27th October

(We will open on Monday 30th October)



Happy Dancezing Birthday!



Martin, Alex, Shereen, Sharron,
Angela W, Angela F, Faye, Glenda
& Pauline H

Celebrating One Year

When Martin said "I think it's my birthday this week", my first thought was "how can you not know for sure when it's your birthday?!"

Then I realised, he meant his 'Dancezing' birthday. On 5th September 2016, Martin stepped onto the Dancezing dance floor for the first time, along with Alex, Shereen, Sharron, Glenda & Pauline Hayes. The same week Angela Watkins and Faye Farrington joined the Dancezing family too.

Celebrating One Year

Belated happy 1st birthday to the following dancers who joined earlier in 2016

Lesley Hollands	Margaret Marlin	Lynda Mackenzie
Heather & Bob Bailey	Ann Jones	Lorraine Kellaway
Julia Pereira	Margarita Sanchez	Debbie Baxter
Sarah Cumming	Marian Osborne	



A huge 'thank you' to everyone who continues to be part of the Dancezing family, with a special mention to those who have stayed with me since Dancezing began in 2009!

Well done for putting up with me all this time!

Christine Hegner	Denise Yeowell	Tara Page
Julia Webster	Sheila Vaux	



thank you!



Line Dance Floor Etiquette

As we have been joined by some new beginners recently, I thought that I would share this. It's a good opportunity for us all to be reminded too 😊

If we manage to follow this etiquette, it ensures our safety and enhances our enjoyment on the dance floor! Many clubs have similar versions of this, however, I have used the one from 'line dancer'. The last one is VERY important ;)

- Never step onto the dance floor carrying drink, glasses or cans.
- Always walk around the edge of the dance floor.
- Never walk through lines of moving dancers.
- When starting off the dance, go to the front so that others can fall in behind you.
- Never stay on the floor to talk – if music is playing go off the dance floor to chat.
- When dancing near beginners – be mindful and courteous and don't show off.
- Try to be helpful and welcoming to newcomers, visitors and guests.
- If the floor is crowded, take small steps, enjoy the company, but watch for collisions.
- If you bump into someone, smile sweetly and apologise whether it's your fault or not.
- Only start a different dance if there is room and you sense it is acceptable to do so.
- Be polite and respectful to DJ's especially when making dance requests.
- Don't get grumpy and moan if your request is not played – it spoils it for others.
- Remember to give applause when dancing to live acts. Don't just walk off the floor.
- Should you accidentally knock over someone's drink replace it immediately.
- If possible start another line rather than join one that will block outside lanes.
- If appropriate, try to keep the outside edge clear for couple dancers.
- Those dancing around the outside have right of way. Don't block their progress.
- When dancing around the floor, the line of dance is always anti-clockwise.
- Don't be tempted to stop dancing to teach. Go off the floor to teach.
- Keep your head up, keep smiling and enjoy yourselves.

*Better
an oops
than a
what if*

DANCES

New beginners have joined us on Monday evenings, Tuesday afternoons and Thursday mornings and are all doing very well. They are busy learning jazz boxes, shuffles, Monterey turns and all those moves that more experienced dancers can now execute with ease.

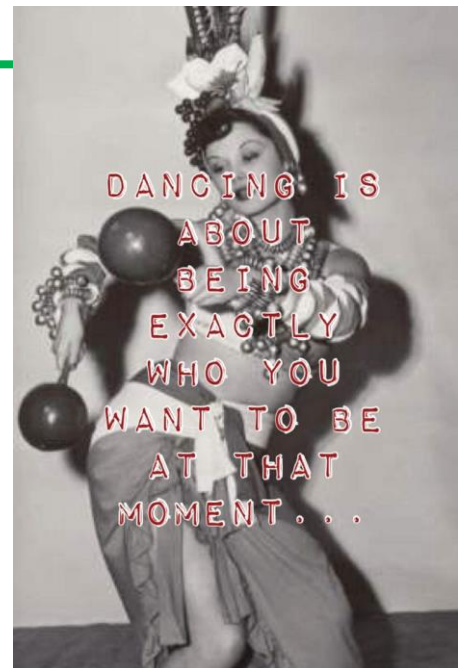
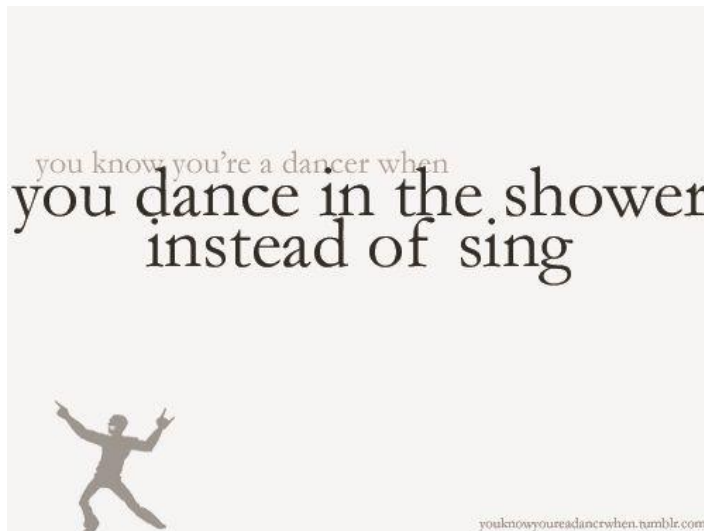
They are all making fabulous progress!

On Tuesday in Warlingham our latest dance is Havana Ooh-Na-Na by Julia Wetzel (choreographer of 'Better When I'm Dancin'). Great music track, which transports us to a hot dance floor in Cuba ;)

Throwback Swing by Glynn Rodgers is a cute, nifty little number to a super track by Meghan Trainor which we are having fun with in some of our classes.

On Wednesdays we have been learning Whiskey Tango by Kate Sala to a track by Jack Savoretti which has been a bit of a challenge but hopefully everyone is enjoying it?

Super dancing this month! Keep up the good work ☺



Old £1 coins

Don't forget:

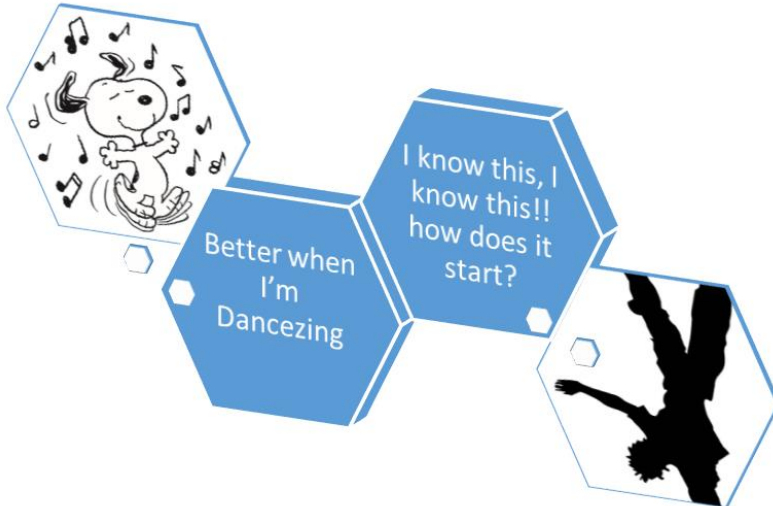
The old 'round pound' will stop being legal tender on 15th October.



PLEASE VOTE EVERYONE

Look at these fabulous design ideas for our club T-shirt! I think the fairest way to pick a winner is to put it to the vote – so please everyone, let me know which gets your vote – A, B, C or D – email me at nicola_zuaiter@yahoo.co.uk before 30th September. Thank you ☺

A



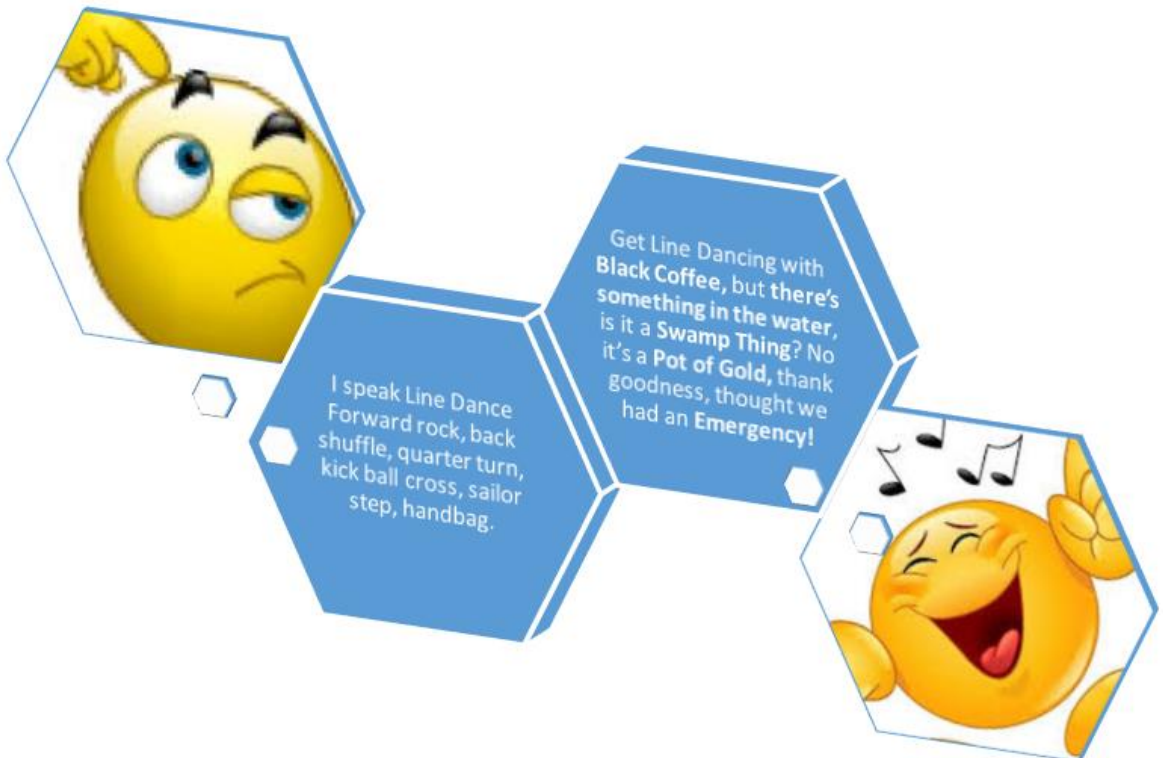
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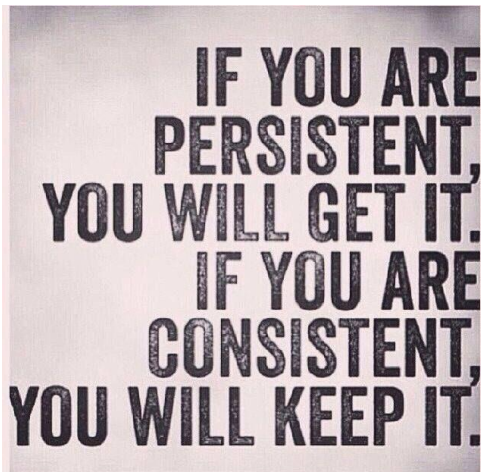


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D





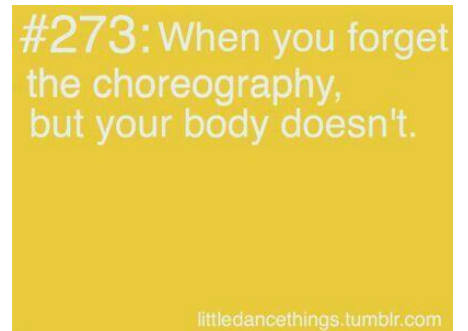
It's been great to get back to dancing after our summer break. I felt as if I had been away for such a long time and just like some of you, I wondered how many of the dance routines I would actually be able to remember, if any!

Thank goodness for 'muscle memory'! Repetition of a dance routine creates a blueprint stored in your brain ready to be accessed when you next perform that dance ☺

*Of course, repetition is key as well as ensuring that you repeatedly practice the **correct steps** ;)*

Perfect repetition leads to our bodies knowing what to do automatically and allowing us to enjoy the music, feel the flow and add our personal styling and elegance.

The more you practice, the better you become at dancing, the more exercise you're getting and therefore the fitter you become. Win, win!



Don't be afraid to ask questions. Don't be afraid to ask for help when you need it. I do that every day. Asking for help isn't a sign of weakness, it's a sign of strength. It shows you have the courage to admit when you don't know something, and then allows you to learn something new.

— Barack Obama —

It is inevitable that at some time you will have a break from dance classes – due to holidays & for many other reasons. Life gets in the way sometimes! You may lose your confidence and feel apprehensive about returning.

Remind yourself of the many benefits of dancing. You are amongst people who are happy to encourage and support you. Feel free to ask me or Carmen for help at any time – that's what we're here for. If you'd rather not ask in class, come to see us at the end or email me.

Happy Dancezing!

Nicky x



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