

DANCEZING NEWS



Dancing keeps me fit
 Dancing's set me goals
 Dancing's lost my winter fat
 But left me with spring rolls!!

By Anon.E.Mouse
 Talented dancer & poet

**Social Nights coming
 up in 2017**

June 24th

May 20th

(Kenley Memorial Hall fundraising
 event)

October 21st

What's NEW?

Here are our new dances for March. Step sheets and videos can be found on the website

<http://dancezing.co.uk/a-z-of-line-dances/>

Missing choreographed by Heather Barton - (Mon 6.15pm, Tue am, Wed pm, Fri pm)

In the Basement choreographed by Rick Todd - (Mon 7.15pm)

Until the Dawn choreographed by Gary Lafferty - (Mon 7.15pm)

Stand Up & Boogie choreographed by Rick Todd - (Mon 8.15pm, Thur am)

Tongue Tied Up choreographed by Teresa & Vera - Tue am & Wed 7.15pm)

Do You Remember choreographed by Alison Biggs & Peter Metelnick – (Thur am)

Anywhere - (Fri pm)

SOLD OUT
WAITING LIST Now Open

**Line Dance Weekend Break –
 February 2018**

Our weekend break has sold out already!

We are delighted that so many of you are keen to join us. We are hoping it will be as much fun, (or more!), as the last one ☺

We have opened a waiting list so please do let me know if you're interested in coming along so I can add you to the list. We will do our very best to accommodate everyone.

March Social Night



Thank you to everyone who came along to our social night on Saturday 25th March. It was lovely to see you all. We even had a surprise guest who came all the way from Spalding in Lincolnshire! It was great to see Jenny and she enjoyed seeing the friends she had made on the weekend break & having the opportunity to dance with you all again. Thank you for making her feel so welcome.

This is our playlist:

<i>Cowboy Charleston</i>	<i>Your Heaven!</i>	<i>Anywhere</i>
<i>Mamma Maria</i>	<i>Nancy Mulligan</i>	<i>Black Coffee</i>
<i>Lipstick Powder & Paint</i>	<i>Missing</i>	<i>Corazon Diamante</i>
<i>Maverick Shuffle</i>	<i>East to West 17</i>	<i>Dig Your Heels</i>
<i>Little Zou Bisou</i>	<i>Pot of Gold</i>	<i>My Middle Name</i>
<i>Precious Time</i>	<i>Something in the Water</i>	<i>Human After All</i>
<i>Lemon Tree</i>	<i>Primer Beso</i>	<i>Caribbean Pearl</i>
<i>Electric Slide</i>	<i>Bella Roma</i>	<i>Chill Factor</i>
<i>Until the Dawn</i>	<i>Elliot's Dream</i>	<i>Ain't Misbehavin'</i>
<i>Feeling Kinda Lonely</i>	<i>The Queen</i>	<i>I've Got Something to Say</i>
<i>King of the Road</i>	<i>In the Basement</i>	<i>Move A Like</i>
<i>Ruby Ruby</i>	<i>Coasting</i>	

I have added some photos from the social night to our facebook page: www.facebook.com/Dancezing

I will also add them to the website along with some video snippets too, very soon.

Our next social night is Saturday 24th June at Caterham Community Centre. Hope to see you there! ☺

There is a **line dance social night** at Kenley Memorial Hall on **Saturday 20th May** to raise funds for charity.

Details are on the following page. I will be the instructor at this event and it would be great to see some of you there. Let me know if you're going & I will ensure to include your favourite line dances ☺



LINE DANCING SOCIAL

At

KENLEY MEMORIAL HALL

SATURDAY 20TH MAY

7.30pm

Proceeds in aid of

COMMUNITY DEFIBRILLATOR

and

KENLEY MEMORIAL HALL

Tickets £12 inc. refreshments from

Ann Jones tel: 020 8660 6905

Bring your own bottle and glasses



Please join our Demo Team

We have been asked to attend a couple of W.I. meetings this year to demonstrate line dancing. The first one is in July.

If you would like to be part of the Dancezing Demo Team please let me know and I will give you details of our bookings & any future events we are invited to.

Some of you may recall what fun we had when we visited Kenley W.I. and our visit inspired several of their members to take up line dancing which is fantastic.

£5 Notes

On 5th May 2017 the old paper £5 notes will cease to be legal tender.

Any paper £5 notes you have after that date will be able to be exchanged at the Bank of England.

It would be really helpful to me not to receive any old paper notes after Easter. This will give me time to bank them. It will be difficult for me to get to the Bank of England. I'm sure you understand & I appreciate your help ☺



Step Size

When line dancing it is important that we are aware of the space around us & alter our step size accordingly to avoid bumping into other dancers on the floor.

It is also very good for you to practise dancing different step sizes. You can try dancing a dance with one step size, for example small steps and then try the same dance again with medium steps or large steps. See how altering your step size can change the feel of the dance.

You can also try dancing certain steps within a dance with different sized steps and see what a difference that makes.

If a dance is slow, you may need to take longer steps to fill the music and if the dance is fast you will need to take smaller steps in order to keep up with the music.

Try to keep your steps accurate no matter what the speed is.

Have fun experimenting ☺



CLASS NEWS – THURSDAY MORNING

Our Thursday morning class has been steadily growing. It's fantastic to see so many new people wanting to line dance.

I have decided that it would therefore be better for me to provide a full hour for new absolute beginners to learn at a pace that is suitable for them followed by a full hour aimed towards high beginners / improvers.

From Thursday 20th April, the beginners will start at the earlier time of 9.30am.

The improvers will start at 10.30am (as before) so there will no longer be the fifteen minute overlap.

You are still welcome to come early to join the beginners and vice versa the beginners are welcome to stay in to the later class.

We will take the register just before 9.30am and again between 10.20am & 10.30am. We will not interrupt the class to sign anyone in outside of these times. If you decide to come in part way through the first hour please be considerate, bearing in mind that there is a class taking place. Please join the dance floor from the back or end of a row if you are able to.

As beginners make progress, they can join the later session because teaching & dances during the first hour will be aimed towards 'new beginners'.

If you have any questions, please feel free to ask.

Thank you to all of you for your continued support!

I greatly appreciate it.

Keep Dancezing!

Nicky x

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